

## Ignite for schools – Overview of modules available

Each module is available in 20, 30, 45 and 60 minute versions

#### **Understanding yourself**

KS3 (ages 11-14)	KS4 (ages 14-16)	KS5 (ages 16-18)
Understanding your values	The Importance of values	The Importance of values
How we respond to change	Understanding your values	Understanding your values
	How we respond to change	Understanding possible careers
		How we respond to change

# Asserting yourself

KS3 (ages 11-14)	KS4 (ages 14-16)	KS5 (ages 16-18)
Acting with confidence	Acting with confidence	Acting with confidence
Having assertive conversations	Having assertive conversations	Having assertive conversations

## **Networking & connecting**

KS3 (ages 11-14)	KS4 (ages 14-16)	KS5 (ages 16-18)
Your network	Your network	Your network
Information interviews	Information interviews	Information interviews

## Marketing yourself

KS3 (ages 11-14)	KS4 (ages 14-16)	KS5 (ages 16-18)
Identifying your skills	Writing your CV	Writing your CV
Writing in a formal style	Identifying your skills	Identifying your skills
	Writing cover letters	Writing cover letters
	Preparing for job interviews	Preparing for job interviews
		Writing personal statements